



# ANVI™

## MULTISPECIALITY CLINIC

An ISO 7101:2023 Certified Medical Centre

(Affirmative Notion on Victory over Illness)



Multispeciality OPD

Internal Medicine

Non Invasive Cardiology

Diabetes

Thyroid

Obesity

Hormones

Menopause

Andropause

Age Management

Adult Immunization

EECP

ECG

2 D Echo

Stress Test

Ultra Sonography

I.V. Therapies

Sleep Studies

Ambulatory Monitoring

I.V. Nutrition

Chelation

Pathology

Diagnostics





 <p><b>Internal Medicine</b></p>	 <p><b>Diabetes</b></p>	 <p><b>Thyroid</b></p>	 <p><b>Obesity is a disease. Treat It!</b></p> <p><b>Obesity</b></p>	 <p><b>Hormones</b></p>
 <p><b>Pain Management</b></p>	 <p><b>Menopause</b></p>	 <p><b>Andropause</b></p>	 <p><b>Adult Immunization</b></p>	 <p><b>IV Vitamin Drips for Wellness &amp; Immunity</b></p>
 <p><b>Chelation Therapy for Cardiovascular health and wellness</b></p>	 <p><b>EECP Treatment.</b></p>	<p><b>I.V. Therapies for:</b></p> <ul style="list-style-type: none"> <li>• Osteoporosis</li> <li>• Anaemia</li> <li>• Fatigue</li> <li>• Hydration</li> <li>• Nutrition</li> <li>• Chelation</li> <li>• Wellness</li> </ul>	 <p><b>Medical Antiaging</b></p>	 <p><b>TMT</b></p>
<p><b>Human papillomavirus (HPV) causes CERVICAL CANCER.</b></p> <p>You can protect her with <b>HPV Vaccination</b></p> <p><b>PAP study</b></p>	 <p><b>Audiometry</b></p>	<p><b>Preventive Medicine:</b></p> <ul style="list-style-type: none"> <li>• Cardiac Screening</li> <li>• Wellness Screening</li> <li>• Adult Immunizations</li> <li>• Life Style Counselling</li> <li>• Sexual Counselling</li> <li>• Annual Physical Checkups</li> <li>• Pre travel Prophylaxis</li> <li>• Addiction prevention</li> </ul>	<ul style="list-style-type: none"> <li>• Myer's Cocktail</li> <li>• Glutathione</li> <li>• Vitamin C</li> <li>• Magnesium</li> <li>• Calcium</li> <li>• Aminoacids</li> <li>• Iron</li> <li>• Vitamin B Complex</li> <li>• L-Carnitine</li> </ul>	 <p><b>USG</b></p>
 <p><b>Ambulatory Monitoring</b></p>	 <p><b>PFT</b></p>	 <p><b>2D ECHO</b></p>	 <p><b>Pathology</b></p>	 <p><b>ECG</b></p>



Service	Time	Days	Remark
Medicine OPD	10:00 am to 8:00 pm	Mon to Sat	Physician Consultation by M.D.(Medicine)
ECG	8:00 am to 8:00 pm	Mon to Sat	Immediate Reporting
Stress Test (TMT)	8:00 am to 8:00 pm	Mon to Sat	Immediate Reporting
EECP Treatment	10:00 am to 8:00 pm	Mon to Sat	Under supervision of M.D. (Medicine)
2 D Echo	Appointment within 24 hrs	Mon to Sat	Immediate Reporting
Ultrasonography (USG)	Appointment within 24 hrs	Mon to Sat	Immediate Reporting
Sonomammogram	Appointment within 24 hrs	Mon to Sat	Immediate Reporting
PFT	Appointment within 24 hrs	Mon to Sat	Immediate Reporting
PAP Smear	8:00 am to 8:00 pm	Mon to Sat	Reporting in 24-48 hrs
Diabetes Consultation	By Appointment	Mon to Sat	Online consult also available
Thyroid Consultation	By Appointment	Mon to Sat	Online consult also available
Weight loss consultation	By Appointment	Mon to Sat	Online consult also available
Blood Tests	8:00 am to 8:00 pm	Mon to Sat	Home Collection Available Basic Test Reporting: Within 24 hours Advanced Tests reporting: Within 48 hours
I.V.Therapies	10:00 am to 8:00 pm	Mon to Sat	Glutathione, Myer's Cocktail, Vitamin C, Iron, Chelation Bisphosphanates, etc
Adult Immunization	10:00 am to 8:00 pm	Mon to Sat	TT, Hepatitis B, ARV, HRIG (same day) MMR, Flu Vaccine, HPV Vaccine and others (In 24 hours)
Pain Management	By Appointment		

# MEDICINE OPD (INTERNAL MEDICINE)



- Our Internal Medicine specialists are experts in addressing systemic illnesses such as Cardiovascular Diseases, Diabetes, Metabolic Disorders, Thyroid Conditions, Infectious Diseases, Hormones, Anaemia, Osteoporosis, Fever, Viral illnesses and other acute and chronic systemic health conditions.
- We also provide Medical Fitness evaluations for various purposes, including Sports, Pre-employment and Pre-operative assessments.



# NON-INVASIVE CARDIOLOGY



- We understand the importance of Cardiac Health, and our Internal Medicine specialists collaborate with super-specialists to manage Chronic Heart Conditions effectively.
- Our non-invasive cardiology services include ECG, Stress Test, 2D Echocardiography, and Enhanced External Counter Pulsation (EECP) Therapy.



# ELECTROCARDIOGRAM (ECG)

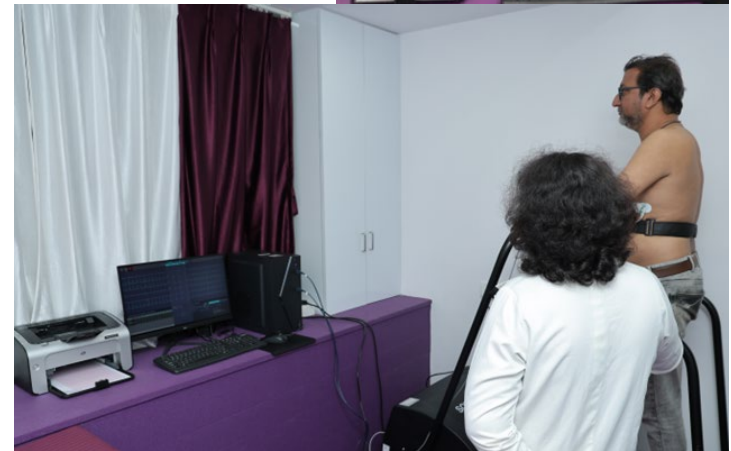


- Electrocardiograms (ECG) are crucial diagnostic tool in Cardiology, helping detect heart conditions early.
- With vast experience and in-depth knowledge of interpreting ECG, at Anvi™ Multispeciality Clinic the ECG are read and assessed by Dr. Asmita Chaturvedi.



# EXERCISE STRESS TEST (TMT)

- The graded exercise tolerance test (TMT; Stress Test) helps diagnose Ischemic Heart Disease and is particularly important for individuals with diabetes, as it can reveal Silent Angina.
- With vast experience and in-depth knowledge of performing and interpreting Exercise Stress Test, at Anvi™ Multispeciality Clinic the Exercise Stress Test is conducted and assessed by Dr. Asmita Chaturvedi.





# 2D ECHOCARDIOGRAPHY (2D ECHO)



- Also known as the "Ultrasound of the Heart".
- This non-invasive test provides detailed information about the Heart's Size, Shape, Pumping Capacity, and more.
- It is an essential tool for early detection of Heart Conditions.
- An "Echocardiography" done during a routine annual checkup can pick up few treatable underlying Heart Conditions.



# AMBULATORY MONITORING



- Ambulatory BP and ECG monitoring services help identify fluctuations in blood pressure and electrical activity of the heart.
- Early detection of issues can prevent complications in patients with conditions like Diabetes and Hypertension.



# ENHANCED EXTERNAL COUNTER PULSATION (EECP)



- EECP stands for "Enhanced External Counter Pulsation".
- Popularly known as "Natural Bypass Treatment For Heart".
- EECP can be considered as "Second Heart" or a "Heart to a Heart".
- EECP works on the principle of creating a "counter-pulse" towards the Heart using "Pulsatile Pneumatic Compressions".
- EECP is most commonly used as "Adjunctive Treatment" in Cardiac Patients (mainly IHD & CHF).



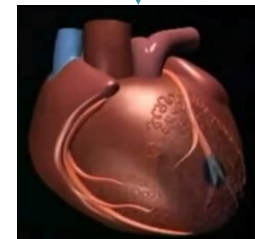
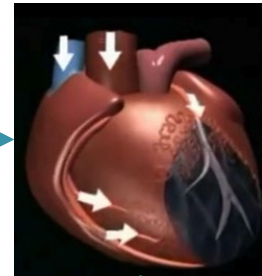
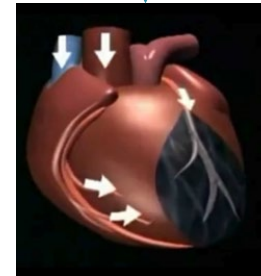
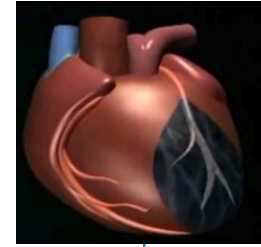
# ENHANCED EXTERNAL COUNTER PULSATION (EECP)

- EECP is very effective as a “Bridge Therapy” for the patients who are in the waiting period for their “Coronary Angioplasty” and/or “CABG”(Bypass Surgery).
- EECP seems to have a potential role in improving the clinical and symptomatic outcome in the patients who have undergone Coronary Angioplasty and/or CABG (Bypass Surgery).
- EECP is a non- invasive procedure.



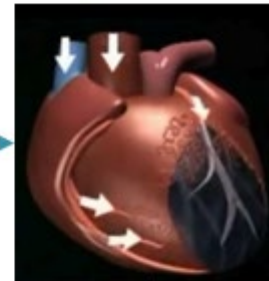
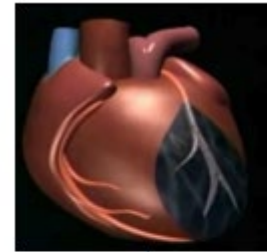
# ENHANCED EXTERNAL COUNTER PULSATION (EECP)

- EECPP is recognized as an option to be provided to the Cardiac Patients who are otherwise unfit for the CABG (Bypass Surgery).
- EECPP improves Ejection Fraction (EF) in Stable Heart Failure Patients (CHF Class II & III).
- EECPP improves the Cardiac Functions by improving the perfusion of the Coronary Vasculature (Blood Supply to the Heart itself).



# ENHANCED EXTERNAL COUNTER PULSATION (EECP)

- EECP opens up the new collaterals and hence improve the circulation and perfusion.
- EECP is a recognized entity which improves the micro-circulation of the Heart.
- EECP also improves the circulation to other Vital Organs of the body (Brain, Kidney etc.)



# ENHANCED EXTERNAL COUNTER PULSATION (EECP)



- With a vast experience in Non Invasive Cardiology at Anvi™ Multispeciality Clinic, EECP Treatment is assessed, planned and given by Dr. Asmita Chaturvedi; M.D.(Internal Medicine).



# ULTRASONOGRAPHY (USG)



- Expert radiologists at Anvi Multispecialty Clinic provide high-quality Ultrasound scans, including Whole Abdomen, Pelvis, Sono-mammogram, and Small parts.





# DIABETES CARE

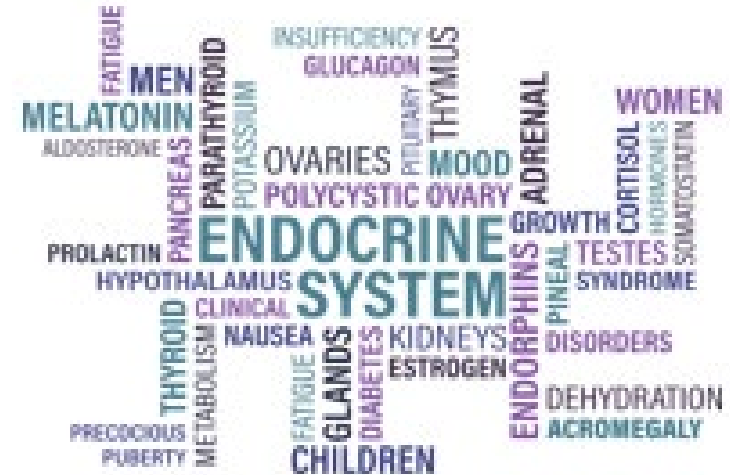
- We emphasize on tight Blood Sugar Control through Lifestyle Modification, Exercise, Diet Modifications, Sleep Management, Stress Reduction and Medications.
- We aim to provide hope for those living with Diabetes.
- With Dr. Deepak Chaturvedi the “Remission of Diabetes Mellitus Type 2” is possible.





# HORMONES MANAGEMENT

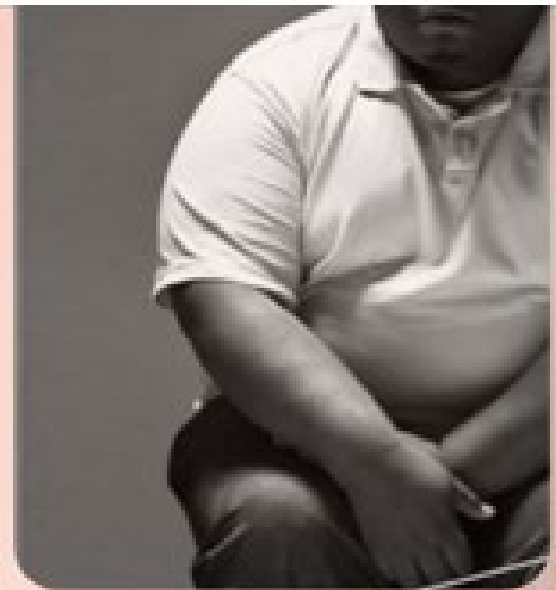
- At Anvi™ Multispeciality Clinic, Dr. Deepak Chaturvedi with his vast experience and in-depth understanding of Hormones, focuses on managing Clinic and Subclinical Hormonal imbalances (disorders) like **Menopause, Andropause, Growth Hormone deficiency states, Adrenal Fatigue Syndrome, Thyroid disorders, Metabolic Syndrome, Sexual Dysfunction, Obesity and other disorders.**



# OBESITY MANAGEMENT

At Anvi™ Multispeciality Clinic, Dr. Deepak Chaturvedi manages Obesity with:

- Identification and management of causes and complications of Obesity.
- Medical Intervention (Including Hormonal interventions and GLP protocols).
- Life Style Modification.
- Dietary protocols (HCG protocol, Keto Diet, Ketogenic Diet, LCD, VLCD).



**Obesity**  
is a disease.  
**Treat It!**



# IVNT (I.V. NUTRITION THERAPY):

At Anvi™ Multispeciality Clinic, under supervision of Dr. Deepak Chaturvedi and Dr. Asmita Chaturvedi following IVNT are given:

- Myer's Cocktail
- Glutathione
- Vitamin C
- Magnesium
- Calcium
- Aminoacids
- Iron
- Vitamin B Complex
- L-Carnitine



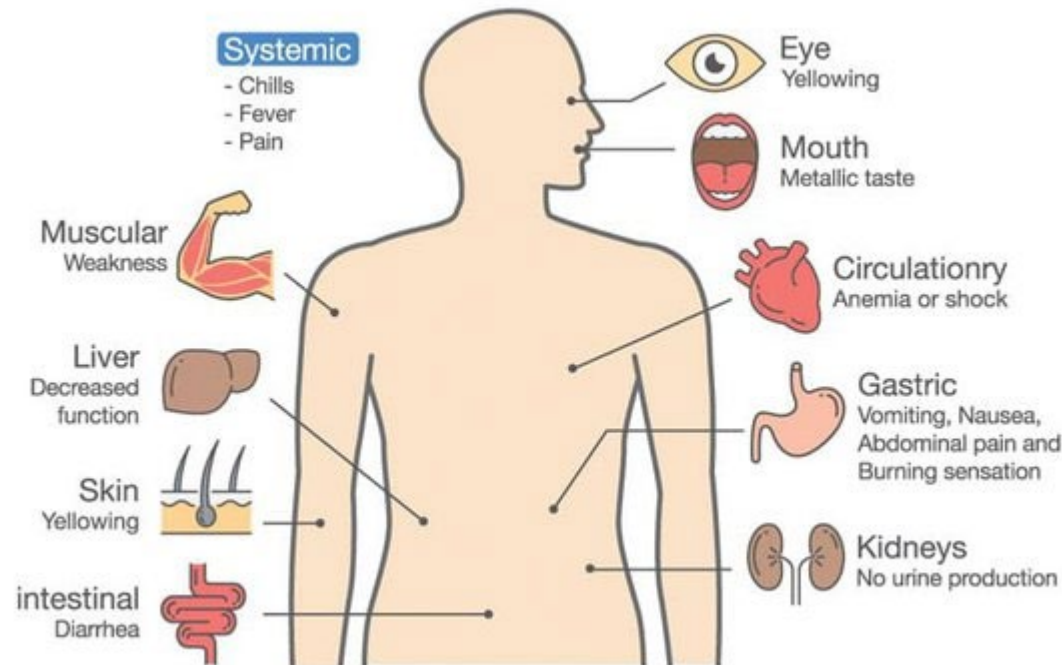
# I.V. CHELATION THERAPY

- Heavy metals are ubiquitous and have the potential to get access inside our body through Food, Water, Air, Medicines, Supplements, Implants and other means.
- When the heavy metals gets accumulated and deposited in vital organs, the systemic complications and organs damage happens.
- Common Heavy Metals over-exposure and/or Toxicities encountered in Practice are **Lead, Iron, Aluminum, Arsenic, Mercury, Cadmium, Copper and Calcium.**



# I.V. CHELATION THERAPY

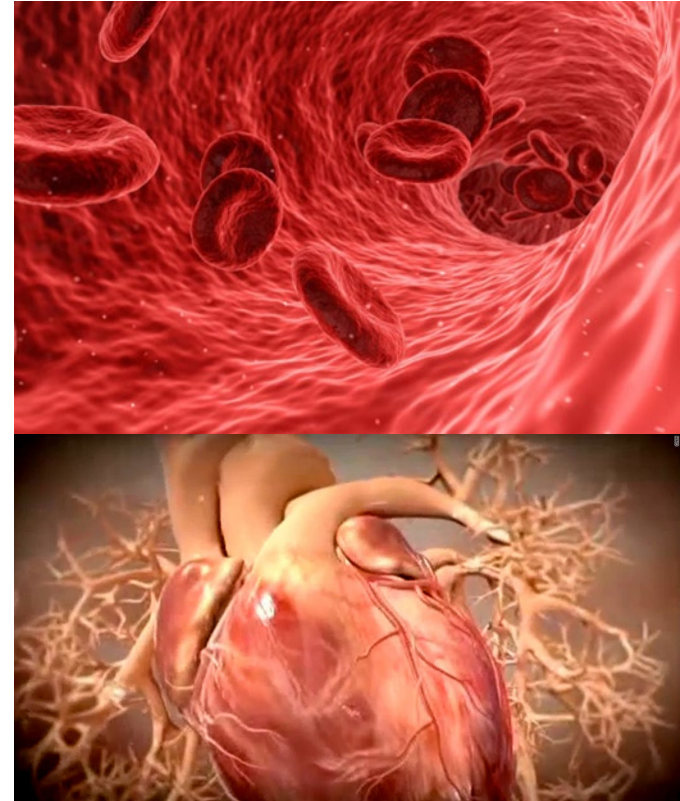
- Heavy Metal over-exposure and/or toxicity is associated with Malignancies, Heart Diseases, Kidney Diseases, Liver Diseases, Respiratory Diseases, Neurological Disorders, Gastrointestinal Disorders, Musculoskeletal Disorders, Metabolic Disorders, Endocrine Disorders, Unexplained Disorders, Chronic Fatigue Syndrome, Skin, Hairs and Nails Conditions and Premature Aging.





# I.V. CHELATION THERAPY FOR HEART

- Also known as **“ACT”** (Arterial Clearance Therapy) or **“Bio Chemical Angioplasty”** (BCA).
- Both these terms are not absolute. These terms are used more as the Medical Slangs.



## Calcium Score: Presence of Plaque



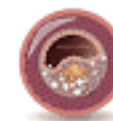
**0**  
NO EVIDENCE  
OF PLAQUE



**1-10**  
MINIMAL  
CORONARY ARTERY  
PLAQUE



**11-100**  
MILD  
CORONARY ARTERY  
PLAQUE



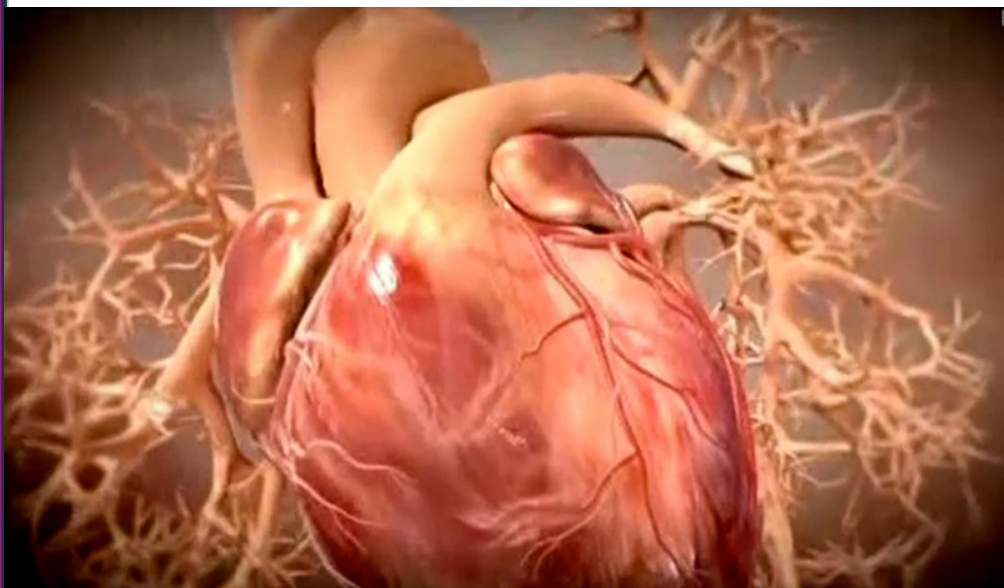
**101-400**  
MODERATE  
CORONARY ARTERY  
PLAQUE



**OVER 400**  
EXTENSIVE  
CORONARY ARTERY  
PLAQUE

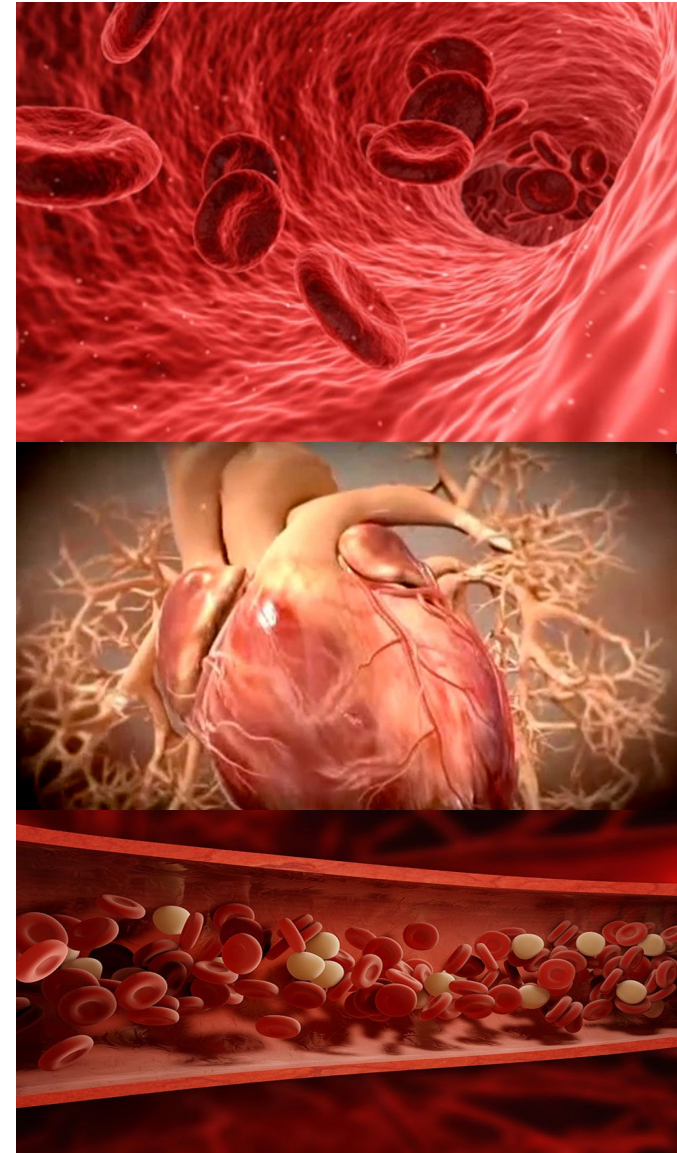
# I.V. CHELATION THERAPY FOR HEART

**I.V. Chelation Therapy for Heart Patients is best given as addition to the EECP (Enhanced External Counter Pulsation Therapy).**



# I.V. CHELATION THERAPY

- Chelation Therapy, if given judiciously and in a supervised manner can provide relief to the Heavy metals over-exposure and/or toxicities and provide Systemic and Subjective improvement in the health conditions associated with such over-exposure and toxicities.
- At Anvi™ Multispeciality Clinic, Chelation Therapy is given by Dr. Asmita Chaturvedi and Dr. Deepak Chaturvedi.



# ADULT IMMUNIZATION



- Vaccination is not just for children.
- We offer a range of vaccines for adults to prevent serious diseases, including Hepatitis B, HPV, MMR, Pneumococcal diseases, and more.
- At Anvi™ Multispeciality Clinic Adult Immunization (Vaccination) is done under supervision of Dr. Asmita Chaturvedi.

Don't  
Wait...  
Vaccinate





# MENOPAUSE MANAGEMENT



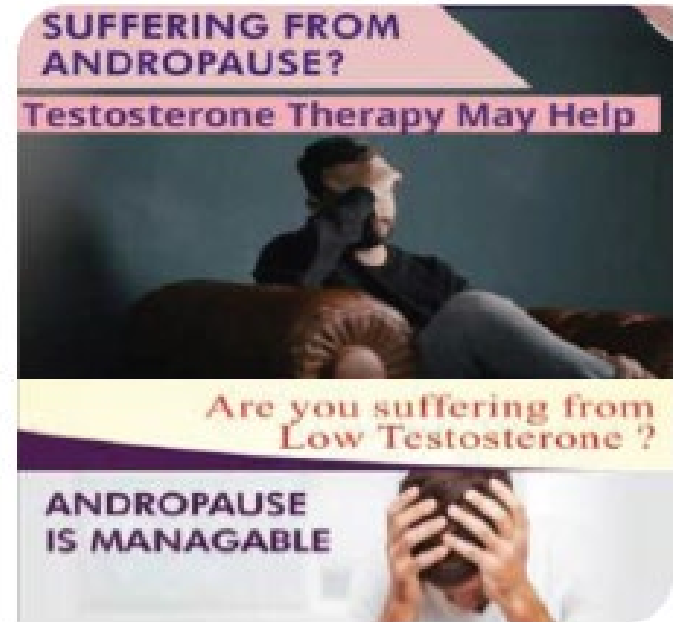
- At Anvi™ Multispeciality Clinic, Dr. Deepak Chaturvedi manages the menopause (and perimenopause) associated symptoms and complications with the principle of “Timely institution of medical and life style interventions in the golden period (therapeutic window)”.
- Dr. Deepak Chaturvedi has vast experience and in-depth knowledge of Hormone Replacement Therapy and BIHRT.



## Menopause

# ANDROPAUSE MANAGEMENT

- The term ANDROPAUSE has been used to denote age-related decline in testosterone concentration but there is no discrete time when testosterone concentration decline abruptly.
- At Anvi™ Multispeciality Clinic, Andropause (or Partial Androgen Deficiency in Adult Male; PADAM) is managed by Dr. Deepak Chaturvedi with hormone replacement and life style management.



## Andropause

# PREVENTIVE MEDICINE



- Cardiac Screening
- Wellness Screening
- Adult Immunizations
- Life Style Counselling
- Sexual Counselling
- Annual Physical Checkups
- Pre travel Prophylaxis
- Addiction prevention





# MEDICAL ANTIAGING & AGE MANAGEMENT:

With Dr. Deepak Chaturvedi the Age-Management and Medical Antiaging works on the principles of:

- Prevent the Preventable.
- Delay the inevitable.
- Restore the restorable.
- Repair the repairable
- Regenerate the possible.



# PAP SMEAR STUDY



- PAP smear is a recommended screening tool for women to screen for inflammatory, premalignant and malignant conditions of cervix.

Human  
papillomavirus  
(HPV) causes  
**CERVICAL  
CANCER.**

You can protect  
her with  
**HPV  
Vaccination**

## Pathology and Diagnostics:

Our diagnostic services include:

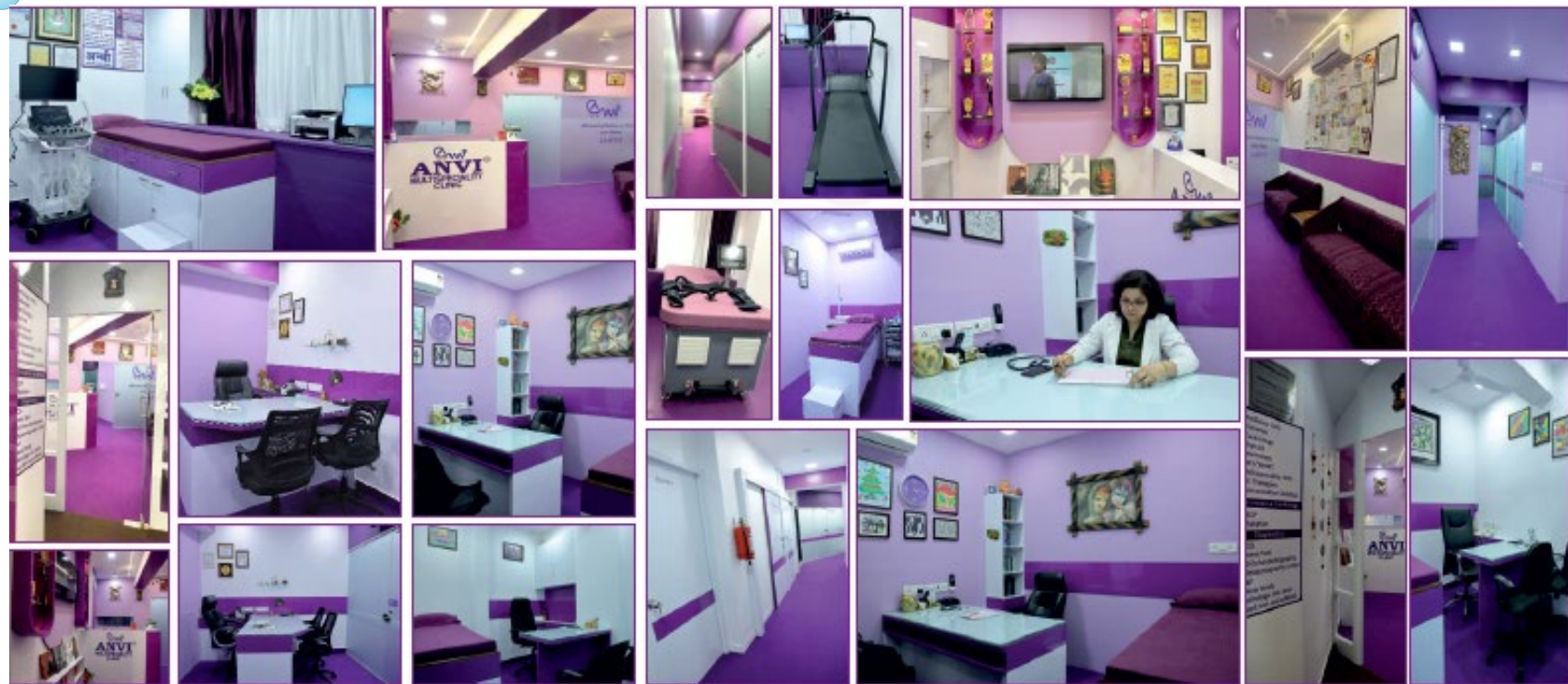
- Diagnostic Laboratory Tests (Blood tests and others).
- USG (Ultrasonography) for Adults and Pediatrics.
- ECG
- Stress Test (TMT)
- 2D Echocardiography (2D Echo)
- Pulmonary Function Test (PFT)
- Audiometry
- PAP
- Ambulatory Monitoring (BP and ECG)



Evaluation	
Start	End
Duration	
10:20 AM	8:02 AM
5h 09 min	
AHI*	
Normal range	Suspected
The following control values	
Period: 5h-22 min / SpO2 evaluation period: 5h-20 min	
Normal	Result
+2h	Average
+5	Reserve
7.1	Apnea
9.2	Unsaturation
	Distribution



# FACILITY





## Doctors:

### **Dr. Asmita Chaturvedi**

M.B.B.S.; M.D. (Internal Medicine)  
Consultant Physician, Clinical  
Cardiologist and Diabetologist.

### **Dr. Deepak Chaturvedi**

M.B.B.S.; M.D.(Internal Medicine)  
Internal Medicine, Diabetes, Thyroid,  
Hormones, Obesity and Medical  
Antiaging Consultant

### **Dr Vinaya Chavan**

M.B.B.S.;DNB (Radiodiagnosis)  
Consultant Radiologist

### **Dr. Parinita Shinde**

M.B.B.S.; M.D.  
(Internal Medicine)  
Consultant Physician,  
Clinical Cardiologist and  
Diabetologist

### **Dr Mahesh Menon**

M.B.B.S.; MD  
(Anesthesia)  
Pain Management  
Specialist

### **Dr Mohit Jhaveri**

M.B.B.S.; M.D. (Radiology)  
Consultant Radiologist



## Dr. Asmita Deepak Chaturvedi

M.B.B.S; M.D. (Internal Medicine),  
 Consultant Physician, Clinical Cardiologist and Diabetologist  
 Founder: **ANVI™ MULTISPECIALITY CLINIC**

Dr Asmita D Chaturvedi is Founder of ANVI™ Multispeciality Clinic and is a practising Consultant Physician, Clinical Cardiologist and Diabetologist since 2007.

Her area of expertise and interest are:

### Internal Medicine

- Medical OPD
- Family Medicine
- Non Communicable Diseases like Hypertension, Cardiac diseases, Diabetes, Kidney dysfunction, Liver disorders, Osteoporosis etc.
- Communicable & Infectious Diseases like Malaria, Dengue, Typhoid, Influenza etc.

### Non Invasive Cardiology

- Consultations
- ECG
- Stress Test
- Echocardiography
- EECPT Therapy
- Chelation

### Preventive Medicine

- Adult Immunization
- Health Screening
- Pre-operative Fitness assessment

**Dr. Asmita D. Chaturvedi** has keen interest and expertise in Cardiac Wellness and Preventive medicine. She has conducted more than 10,000 Cardiac Stress Test and saved many lives with timely detection of underlying coronary artery diseases in apparently healthy people in last 15 years of her practice. She has had stints in HIV management and Intensive Care unit. Her predominant area of work now is Internal Medicine, Non- invasive Cardiology and Comprehensive Health Evaluation and Management.

### Memberships & Affiliations:

- **Life Member: Association of Medical Consultants (AMC)**
- **Member: International ECP Association (IECPA)**
- **Founder : ANVI™ MULTISPECIALITY CLINIC**
- **Promoter: Stario Private Limited**
- **Consultant: Amaaya™ Clinic**
- **Consultant: Anjana Foundation Public Charitable Trust**
- **Member: Antiaging Medicine And Research (AMAR)**





## Dr. Deepak Chaturvedi

M.B.B.S.; M.D.(Internal Medicine)

Internal Medicine, Diabetes, Thyroid,  
Hormones, Obesity and Medical Antiaging Consultant



With a distinguished medical career spanning multiple domains, **Dr. Deepak Chaturvedi** is a versatile medical professional renowned for his unwavering commitment to Medicine, Philanthropy, Education, Motivational Speaking, Opinion Leadership, and Artistic Expression through poetry. His academic journey includes earning a Doctor of Medicine (MD) with a specialization in Internal Medicine and a Bachelor of Medicine, Bachelor of Surgery (MBBS) from the esteemed Medical Colleges in India. With over 20 years of experience Dr. Deepak Chaturvedi brings a wealth of expertise to the field of medicine, with a profound focus on the following areas:

- **Internal Medicine**
- **Hormone Replacement Therapy**
- **Metabolic Medicine**
- **Diabetes Management**
- **Obesity Management**
- **Thyroid Disorders**
- **Age Management**
- **Regenerative Medicine**
- **Antiaging, Lifestyle & Wellness Medicine**

### Memberships & Affiliations:

- **Life Member: Indian Medical Association (IMA)**
- **Life Member: Association Of Medical Consultants (AMC).**
- **Founder Chairman: Anjana Foundation Public Charitable Trust.**
- **Co-Founder: "Antiaging Medicine And Research (AMAR)"**
- **Co-Founder: "World Anti-Aging Network (WAAN)"**
- **Founding Member: Mauli Seva Pratishtan**
- **Founding Member: Being Doctors**
- **Proprietor: AMAAYA™ Clinic**
- **Consultant: Anvi Multispeciality Clinic**
- **MMC Speaker code: MMC/MAS/02209/2013**





